

Friends of York Hospitals

January 2024 Newsletter to Volunteers & Members

FOYH 2023 XMAS RAFFLE, PRIZES & WINNERS

The FOYH Christmas Raffle was drawn on the 20th December 2023 in the hospital foyer by Joe from the Trust Charity. There were 12 prizes and the winning numbers and winners are listed below. We sold £570 worth of tickets. Expenses, lottery licence, printing and postage costs totalled about £60, so we made a net profit of £510. We would like to thank our prize donors and to all those who bought tickets.

Prize	Ticket	Winner	
Hotel du Vin Sunday lunch for 4	554	Whitehead	
Hotel du Vin Tasting menu for 2	459	Anderson	
Hotel du Vin Champagne Tea for 2	51	Beadnell	
Hotel du Vin Bottle of Champagne	533	Bolton	
D'Oyly's Tea Room Afternoon Tea for 2	144	Joanna	-
Windermere Lake Cruises Family freedom of the lake	170	Wakelin	
Lakeland Motor Museum - Family ticket	121	Tarapata	
Mumbai Lounge Restaurant £25 Voucher	231	Wood	
Mumbai Lounge Restaurant £25 Voucher	444	McWalter	

Mumbai Lounge Restaurant £50 Voucher	400	Pepper
M & S £25 Voucher	95	Gribbin
Partisan/ Brancion Restaurant, Micklegate £60 Voucher	289	Tighe

AGM & COFFEE MORNING

The Annual General Meeting was held at the Hotel du Vin on the 7th September. There was a very low turnout of 8 people but we had a lively discussion around a table. The existing 6 trustees agreed to continue as trustees with Gillian Gribbin formally becoming the new Chair in place of Hussein Syed who stood down to become the Honorary Secretary. Mike Hall has continued as Honorary Treasurer.

There were more people at the coffee morning at the same venue in late October. It was agreed that future AGM's will be held in conjunction with coffee mornings. The date for the 2024 AGM has not yet been set but it will be in September at the Hotel du Vin. Details will be sent out in due course. We need to thank the Hotel du Vin again for their generosity in providing us with free room hire trustee meetings, coffee mornings and AGM's not to mention their generous raffle prizes.

PROJECTS FUNDED IN THE LAST YEAR

SHOCK WAVE THERAPY

This was a funding application for the Podiatry Department and helps therapists provide treatment and relief to those in the community suffering from pain and mobility problems such as Plantar Fasciitis. The Podiatry Department are a friendly and welcoming team and it was a pleasure to see the equipment in action.

SIMBABY MANIKIN

This funding application came from the hospital's Medical Education Unit and is now in place assisting in the training of paediatric teams. Several departments, including A&E need to be trained in resuscitation,

treatment and support of babies and very young children. Simbaby is a very sophisticated computer linked baby manikin that responds as a real baby may to the actions of medical staff in simulated training such as resuscitation. Students learn quickly by applying their skills in a classroom situation to Simbaby which provides immediate responses via computer tablet. Simbaby gives valuable feedback to their trainer on how well the student performed.

6TH FORM SHADOWING PROJECT

This year we have provided further funding to increase the number of 6th Form students taking part in this valuable project. We are proud that one of our members and a past board member manages the project and works closely with medical staff in their engagement with 6th formers who wish to go on to train as doctors and who benefit from the work experience of shadowing medical staff in the workplace.

MUSIC THERAPY

We continue to support for a third year, the hospital's Music Therapist in their work with patients, young children and adults, who may be struggling with their emotional wellbeing and mental health. They benefit from the stimulation and therapeutic benefits of learning together from 'music and play.'