

FOYH FEBRUARY 2021 NEWSLETTER

Here is a round up of the latest happenings in FOYH which we are circulating to members and Volunteers.

OUR NEW PATRON

We are delighted to welcome the Archbishop of York, Stephen Cottrell as our new Patron. He says:

“I am delighted to be Patron of the Friends of York Hospital. I would like to offer my thanks and my prayers for all of the Friends of York Hospital volunteers, members and trustees. Thank you for all that you do. The support provided for staff and patients, and your commitment to fundraising projects is greatly appreciated.”



ANDY WHITE'S THANK YOU TO ALL

“Dear Friends,

I would like to thank everyone who contributed to my leaving present. You were so generous! It was quite overwhelming to be given such a lot of vouchers to spend. Mike, the Treasurer, kindly showed me a list of contributors from the bank statement, and there were so many familiar names on it – thank you. And thank you for your good company during my time with FOYH.”

TRUSTEE RESIGNATION

Liz Bartram, a long standing volunteer and trustee has sadly tendered her resignation due to extra commitments she has had to take on. She felt it unfair not to pull her full weight as a trustee of FOYH and wanted to be kept apprised of all FOYH news. She will be missed especially as latterly, she did all our newsletters and PR work. She has been sent a formal letter of thanks by the Chairman for all her hard work and support.



MEDICINE & THE MULTIDISCIPLINARY TEAM – 6TH FORM SHADOWING PROJECT

Most recently, the charity granted £1,600 for the 2021 6th Form Shadowing Project at York Hospital which we have supported for the past three years. This project, introduced 5 years ago by Dr. Paul Laboi, Consultant Physician in renal medicine is supported by colleagues across the NHS Trust. Everyone involved gives their time willingly to encourage students from state schools to enter medical school. It gives a clear understanding of the wide range of skills needed for a career in medicine and of the partnerships that exist in the multi-disciplinary team.

Feedback from students after the first few sessions includes:

“All the lecturers have been really interesting, especially the multi-disciplinary team one and meeting patients, this gives us things to reflect on in our medical school applications like the multidisciplinary nature of the NHS, the life changing impact surgery can have and the importance of patient-centred, holistic care. I also just wanted to say I’m really grateful for this opportunity, so thank you.”

“I am thoroughly enjoying this experience and listening to each speaker, as it gives me insights to what each speciality faces and what care they provide to patients.”

“Thank you for giving me the opportunity to participate in this programme.”

Further information about the charity and the projects it supports can be found at <https://www.foyh.org.uk>.

LONG SERVICE VOLUNTEERS

The following volunteers were given a badge and certificate for their long service:

SILVER BADGE – 10 YEARS

Mary Grandsen

Valerie Burgess

BRONZE BADGE – 5 YEARS

John Allan

Heather Beadnell

Laura Branigan

Bob Farish

Jennie Heckles

Penny Pearson

Verlie Riley

They are all to be congratulated for their unstinting service.



Valerie Burgess

Bob Farish

John Allen

Laura Branigan

VOLUNTEERS AND ANN TAYLOR'S ROLE

Ann Taylor, a trustee, has undertaken the role of managing volunteers with the help of another trustee, Rachel Martin. Ann has been working very closely with the Trust in establishing what volunteers are currently needed and the necessary precautions they have to take. Recently, the Trust asked for volunteers to assist with temperature taking in the outpatients departments and vaccination hub. We very quickly provided six willing volunteers who were happy to help out.

NEW SOCIAL MEDIA VOLUNTEER

Through the help of Rachel Martin, we have recruited, Kelly Weatherburn, a student of York St. John's University, as a social media volunteer. Among her other tasks, Kelly will manage the day to day handling of all social media channels, including Facebook, Instagram, Twitter and LinkedIn adapting engaging content to suit the different channels. We welcome Kelly and look forward to working with and learning from her.

ST. CRUX –CHANGE OF DATE TO 24/9/21

Because of the uncertainty about the easing of lockdown, we have changed our booking of St. Crux to 24th September 2021 postponing it from the April date. We would hope that matters would be clearer by then and we will be keeping you updated on what help is needed.

RECENT GRANTS AWARDED

We recently awarded £2,850 to York Hospital Radio for upgrading the technology needed to keep the station broadcasting. We were happy to help them as both organisations enhance patient care in the hospital in their different but complementary ways.





Left: Sr Elice Wadsworth Right: SN Fiona Wilcock, Head & Neck Theatre Team

We also awarded £9426 to the ENT Department for an ENT Outpatient Microscope replacing one which was 30 years old and not really fit for purpose anymore. The new microscope is particularly useful for children requiring grommet surgery and patients requiring examination under anaesthetic to assess if more serious operations are needed.

Other grants we have made during lockdown include £22,080 to provide music therapy for children who are dealing with extremely difficult and challenging situations. The donation has been awarded in partnership with registered charity, Jessie's Fund, which is contributing 50% of the total cost. £8215.25 has been granted for artwork in the NHS area of the LNER Community stadium and £10,000 towards the cost of a Laparoscopic Simulator so medical students can practise laparoscopic techniques.

We look forward to hearing more about these projects when lockdown relaxes, and the initiatives can be taken forward.

LOCAL FUNDRAISING

Spicing up lockdown

We benefited from an innovative way to raise funds during lockdown. Tom & Max Bell offered a curry delivery service to residents in the village of Kelfield, raising funds for a number of charities including us. The curries were delicious, as confirmed by one of our Trustees. A brilliant idea to support the community as well as charitable causes. A huge thank you to Tom, Max and the Bell Family



RETURN OF ID BADGES

Just a reminder that if you decide to cease volunteering, please return your ID badges to FOYH for us to pass on to Security for deactivating and recycling. The badge remains hospital property.