



ANNUAL REPORT

2016-17

FRIENDS OF YORK HOSPITALS

Charity number 500474

FRIENDS OF YORK HOSPITALS



Patron: Dr John Sentamu, Archbishop of York

Chairperson: Derek De Vere

President: John Pratt TD

Hon.Treasurer: Hussein Syed

Hon. Secretary: Mrs Jenny Hildyard BEM

Auditors: Townends Accountants LLP

Fulford Lodge
1 Heslington Lane
Fulford
York YO10 4HW

Office Address:



Friends of York Hospitals
York Hospital
Wigginton Road
York YO31 8HE

Email: friendsofyorkhospitals@york.nhs.uk

Website: foyh.org.uk

Online Donations: www.justgiving.com/friendsofyorkhospitals



Front Cover:

Front Cover: Ilona Woodhead, Bob Taylor, Lesley Booth, Mike Scrowston -
Thursday Newspaper Delivery team

FOREWORD

Susan Symington
Chair, York Teaching Hospital NHS Foundation Trust

Along with other acute trusts we faced unprecedented, growing demand for our services, with limited resources during 2016-17. The strength of our trust has been in the way we have responded, together, to those challenges, and have sought to find solutions and continually improve the ways in which we serve our patients and service users.

Despite these pressures, I am privileged to receive many positive letters from patients who offer their thanks for the professionalism of our staff, for their friendliness, their kindnesses and for the care they show to our patients and service users. These are accolades of which all stakeholders of our trust

should be proud- including our charity fund raisers and volunteers.

We are forever grateful for the remarkable contribution the friends of the trust and the volunteers of York Hospital make: you give your time willingly to enhance the quality of our patients' experiences and you provide resources which enable us to improve our facilities and environment for the benefit of our patients and service users.

Without your care and support the services we offer would shine less brightly. Thank you.



“ The strength of our trust has been in the way we have responded, together, to those challenges... ”

INTRODUCTION

John Pratt TD
President

On most visits to the lobby area of our York Hospital it is immediately apparent why the NHS is under pressure and how welcome is that friendly face at the reception desk. More often than not that face belongs to a member of the Friends of York Hospitals working closely with staff from the Hospital. This, in a nutshell, is a good illustration of the contribution which the Friends can make to patient experience but of course it is only one illustration and details of our many other activities are set out in the following pages of this report.

The role of the Friends is never static though and we are in continuing talks with Hospital management on how our role might be enhanced in the future. As always we value most highly our good working relationship with the Hospital on which so much depends.

The other point to emphasise is that Friends come in all shapes and sizes; young and old are equally welcome and we are always concerned to find a role which suits you the volunteer. So come and join us!

“ Friends come in all shapes and sizes; young and old are equally welcome. ”



Former FOYH Volunteer Charlotte Snelgrove with soon-to-be-discharged patient Len Ogilvy. Charlotte has a place on a Nursing degree course coming up and is working as a Health Care Assistant in the meantime

FROM THE CHAIRPERSON

Derek De Vere

Welcome to our Second Annual Report. I sincerely hope you enjoy reading this year's updated account of our charity. I continue to be surprised and delighted by what our volunteers do both within the hospital and in the local community.

This has been a special year for me as I was invited to attend, with my wife Geraldine, a Buckingham Palace Garden Party on 1st June. This was in recognition for the nomination of the FOYH for the Queen's Award for Voluntary Service in 2016 and I was very proud to represent the Friends at this special event.

I was also delighted that my nomination in November 2015 of our Honorary Secretary Jenny Hildyard for a national honour led to her receiving the British Empire Medal in the Queens Honours list that came



Ilona's award

out on New Year's Day in 2017. This is due recognition for the work that Jenny has put in for our Charity and many others she is involved in, both locally and nationally. She received the award from Barry Dodd, the Lord Lieutenant of North Yorkshire in a splendid event held in Northallerton on 21st April 2017 with all her proud family in attendance. Well done Jenny!

As our Volunteers Report illustrates in greater detail, later in this report, we currently have around 120 willing volunteers working in not just York Hospital but also in other parts of the city - like White Cross Court Elderly rehabilitation hospital (off Haxby Road) - and we are proud of you all. You all do a fantastic job in easing patients suffering at times when they need help most - the above recognition that Jenny and myself have received is down to you all and your hard work - thank you.

I was also delighted to hear that Ilona Whitehead was nominated for the York Teaching Hospital NHS Trust's Volunteer of the Year Award. She never expected to end up being one of the three finalists, selected from all the Trust's hospitals. Ilona is a member of three FOYH volunteer teams - the Newspapers, the Singing Group and the Talking and Reading Service - clearly her commitment had not gone unnoticed. She was summoned to a glitzy night recently at York Racecourse along with husband Jonathan, where she was presented with a beautiful cut glass star by Wendy Scott from the Trust's Board of Directors. Well done Ilona...



Ilona Whitehead received her award from Wendy Scott, Director of Community Services, at the Hospital Trust's Celebration of Achievement event

At our St Crux Parish hall café and sale day last December, the weather was against us but we still made more than £571 clear profit for the hospital from bric-a-brac and selling cakes - 32 of you helped on the day and many more donated – thanks to all involved! As Jenny Hildyard goes on to say in our Fundraising and Donations part of the Annual Report, it is vital that the normal week-to-week fundraising is maintained so that we can continue to thrive as a charity. I would ask all our volunteers and supporting members to play a role in fundraising either through regular Corridor Collections in the hospital or through helping at one-off events like St Crux.

I was also delighted and inspired to hear about James Hartley and his 'Just Giving' website page. He completed the Amsterdam marathon raising £465 and many thanks to him in what he did to raise money for our work. His 'Jimbo's Jukebox' meant you could choose his music as he ran the marathon for FOYH. As he said about York Hospital "they have saved my dad's life not once but twice". Thank you James....

Thanks also to those of you who have had to give up volunteering recently due to ill health, in particular Jenny Heckles. One 'retirement' stands out for showing long

term commitment at the very highest level. Due to family commitments, Annette Hall has finally decided to step aside and I would like to take this opportunity to thank Annette for all she has done for the hospital and for the Friends over more than 40 years.

Thanks also go in particular to our Volunteer Development Trustee Ann Taylor and also to our employee Andy White, our Administrator and Volunteer Co-ordinator (AVC). Ann's work in helping Andy with his role over the last year has been invaluable to him, together with other Trustees helping our charity to run smoothly.

We need to promote ourselves more to make sure people are aware of us as a charity. We have updated our website 'www.foyh.org.uk' and are also currently updating our social media presence which is becoming increasingly important. Our charity has come a long way since 1953! However, we do need to carry on our great work in helping patients in York hospitals and I once again thank you all for your hard work and commitment.

“ Our charity has come a long way since 1953! ”



Our longest serving volunteer, Annette Hall, with Derek at the Friends' 2015 Christmas lunch

FUNDRAISING

Jenny Hildyard BEM
Honorary Secretary

2017 has been quite challenging so far as fundraising is concerned. However, we had, despite the awful weather, a successful day at St Crux just before Christmas, and raised a net profit of £571. On behalf of the Trustees I would like to thank all the wonderful volunteers who gave up so much time in baking cakes/serving teas etc. in the exquisite little Church, and to those who stood in puddles, selling bric-a-brac and books etc. All much appreciated and a date has been booked for this year, on Friday 22nd September.

I am pleased to say that we have re-started Corridor Collections in 'Main Street' of

the hospital from 6pm - 8pm on Wednesday evenings. Sandi Richardson, a stalwart Fundraising Volunteer for many years, is giving up her precious time to helping with this again. I am also delighted that some of our regular hospital volunteers have said they will help.

Not only is corridor collecting a way of raising funds, but just as importantly, it is a chance to talk to visitors, patients and staff who are always so charming and even pleased to see us! It is fair to say that we do need more volunteers to do this and I would be extremely grateful for additional helpers. If any students would like to do this once a month, it does enhance their CVs when the time comes!

Lucy Clegg, the new Fundraising Manager for NHS Trust Charity and I have met and she has come up with all sorts of innovative and exciting ideas. The plan is to work together and we are hoping to organise one or two events next year which, hopefully, will appeal to many. So, please..... watch this space...!!



Andy Potter, Kate Potter and Chris Clarke behind the café counter at St Crux

FUNDRAISING AT 100

100-year old Mrs Rebekah Stott visiting York Hospital Renal Unit's new Self-dialysis Room to see the machine that she raised funds to help pay for.

Mrs Stott, who lives on Skeldergate, requested no presents at her hundredth birthday party – just donations which would be added to the Friends of York Hospitals' fund to help provide new self-dialysis facilities. Her party raised £1000 towards this costly new machine.

The hospital's self-dialysis room supports people with kidney malfunctions who live independently, but opt to come in to the hospital and do their dialysis there, in hygienic conditions with additional care and support

available if required. People using such facilities have shown notably better levels of general health over time than where dialysis takes place in the patient's own home.



HOSPITAL EQUIPMENT FUNDED BY FOYH DURING 2016-17

Blood Testing Machine for the Endoscopy Clinic

We are particularly proud to have funded a CoaguChek XS blood testing machine for the Endoscopy unit at York Hospital at a cost of £1,413. This is because the machine

was originally suggested by one of our long-term volunteers on the unit, Brenda Lees (see photo- Chairperson's Words) who had seen one in action at her local GP surgery.

an unnecessary wait – often a long and anxious wait - and often ended up being on the Endoscopy Unit far longer than was needed. This little machine means that problem can now be averted.

“This is really fantastic news. I am very grateful to Friends of York Hospital for their generous help. It will help patient flow through the unit.”

Srinivas Chintapatla
(Consultant Colorectal Surgeon)

“Please thank everyone involved for their generosity. The equipment will be invaluable to the unit and in particular to the patients.”

Kelly Stone
(Deputy Sister)

Patients known to take blood thinning medication were being asked to arrive at least 30 minutes ahead of their procedure, as they required a lengthy blood test due to the risk of bleeding. Patients who required such checks therefore had



Endoscopy volunteer Brenda Lees with Deputy Sister Val Dixon and the CoaguChek machine

THE ‘NIGHT OWL’ PROJECT

The Friends gave £5,000 to fund Night Owl sleep packs which include eye masks and ear plugs to help improve patient experience on noisy wards and aid a better night's sleep (see photo). This project is a response to patient feedback collected by the PALS team.

The aim is to make a sleep pack available to every patient who requires one – not just to answer patient and carer

concerns, but because a good night's sleep is important to aid recovery. Each ward in the Trust has made a 'pledge' for what they will do to reduce noise on wards at night. The Chief Nurse and her team have been very supportive of this project and are showing strong leadership in making this a priority.

Reducing noise is not a quick win, or something that we can solve over night, but the

sleep packs are one small way of making a difference to people and demonstrating that we care.



'Night Owl' packs

WARD 16 ENHANCED RECOVERY SUITE

Ward 16 provides care for patients who've had upper gastric and colorectal surgery; this includes those recovering from cancer related surgeries, gastric bands, hernias and bowel obstructions. The age group is predominantly elderly but there are also patients from 18 years and upwards. They are longer stay patients coping with an often painful recovery period.

The refurbished Enhanced Recovery Suite which was funded by FOYH at a cost of £11,191 (see photo) is at the end of the ward. The aim was to brighten the space and turn it back into a relaxing patient environment, away from their beds and the clinical feel of the rest of the ward. Thanks to the hospital's Arts Team for their assistance with this project.



Enhanced Recovery Suite, Ward 16

THE 'FIT BIT' INITIATIVE

12 smart technology activity monitoring wristbands were funded at a cost of £1,224 to support the hospital's multi-disciplinary Pain Management Programme. The 'FitBits'

allow the staff and patients to monitor activity, sleep levels and heart rates (see photo).

"I just wanted to finally send you a photo of some of our

patients wearing their fitbits! They are being utilised really well and we hope to finish our little pilot study in July and run ahead for a full scale research project measuring their effectiveness in October. The patients are loving them and I just wanted to say a big thank you to you and the FOYH."

Dr Jo Jordan
Principal Clinical Psychologist
(Pain Psychology)
Department of Psychological
Medicine



Some of the 'FitBit' patients

HEAD AND NECK ADULT WAITING AREA REFURBISHMENT

Just under £14,000 was approved to continue FOYH support for waiting area improvements in the Head and Neck department, including more comfortable seating and an on-screen patient call system, which will make waiting for an appointment much less stressful for hearing-impaired patients.

SMALLER GRANTS

The Friends gave £1000 towards funding a Neonatal Training Course to help improve infant care in the Special Care Baby Unit.

Having supported the establishment of the hospital's Renal Self-dialysis Room during the previous financial year (see the Rebekah Stott photo report earlier), FOYH funded a set of TV Remotes to help give the self-dialysis patients a more relaxing time at a cost of £270.

OUR VOLUNTEERS

Ann Taylor
Volunteer Development Trustee

The Friends of York Hospital are fortunate to have the support of around 120 volunteers at any one time. Our volunteer roles include providing Newspaper & Mobile Library services to in-patients, Arts & Crafts work with children, hospital Guides, the Talking and Reading Service for stroke patients, Patients Refreshments with a big smile and let's not forget the Singing Group on the Dementia ward. Additionally our volunteers provide valuable Admin help to nurses and midwives and give their time to support patients in the Oncology Department. Wherever they work, their help is valued.

Our volunteers come to us from different directions. Some may have received treatment from York Hospital and want to repay the care which they received. Many others just want to help those who need treatment and care. Some of our younger volunteers want to gain experience of working in a hospital environment alongside healthcare professionals before going onto college or university to study for a professional qualification. The one thing that all our volunteers share



Olivia Swain, a former FOYH volunteer who then went on to undertake nurse training before coming back to York Hospital to work on the Children's Ward

is their on-going commitment to making a difference – to helping to make the patients' experience of the hospital a positive one .

All of our volunteers are Ambassadors for the charity and are the personal face,

the link between us and the patients. Some of the donations which keep our charity going come from former patients and their families in thanks for the friendliness and practical help that our volunteers have given.

The Trustees and our Administrator and Volunteer Co-ordinator (AVC) enjoy a strong working relationship with the hospital Trust Volunteers and we meet regularly to share information, policies and good working practices which ensure that we are working in tandem with the Trust.

During the past months we have reviewed all our Volunteer Role Descriptions, Health and Safety policies, and Risk Assessments. We have revised our volunteer Recruitment and Induction procedures to confirm that we are using good working practices and providing relevant necessary information. We have also produced a Volunteer's Handbook providing further details on safeguarding, training programmes and where to find additional information. We wanted to be sure that the volunteers are undertaking their roles with the confidence that if they have a query about what they should or should not be doing, the right information is there for them to refer to.

The FOYH Trustees always like to learn of volunteers' successes and hear suggestions for improvement. We are currently looking at how we can make sure that all volunteers know that they are supported and listened to when a problem arises.



Bob Farish helps in the Eye Clinic

"I've been a patient in the eye clinic myself for some years, and still am, now having an eye injection every 6-7 weeks, so can experience things from both sides. It doesn't mean any of them will show favouritism or let me queue-jump though!

When sat waiting my turn, I often engage other patients in conversation, and have heard nothing but praise for all the clinic staff. I can echo this, as without exception, I've found them all to be really nice people dedicated to patient care, which is something I'm proud to be a part of.

I'm sometimes asked by people why I volunteer, and I always say that I've taken quite a bit out of the NHS over the years, and this is my way of putting a little something back. And besides, I love it!"

Our AVC, Andy White, now works full-time and his office is usually busy with volunteers coming and going and spreading good cheer. We hold coffee mornings several times a year and would like to encourage as many as possible to attend to meet other volunteers

socially, to strengthen our communications and to share ideas about possible future projects.

The volunteers of FOYH rise to the challenge of providing help to patients, relatives and staff at York Hospital every day and in so many ways. We applaud them!

THE HELPING HABIT

An Interview with Annette Hall

“You get more back than you put in,’ says Annette Hall about volunteering with FOYH. She should know as she has been an active Friend of York Hospitals volunteer since 1976. She started volunteering at the former City Hospital on Huntington Road and moved over to the new District Hospital shortly after it opened on its current site.

Helping people has clearly become a reflex habit - as she tells me, her family have teased her because in a public place she cannot stop herself from offering assistance. For example if she sees

someone struggling to read a departures board she will go over and ask if she can help. ‘The grandchildren are less embarrassed about it now they are older,’ she says.

Annette’s first role was accompanying her sister-in-law around the wards with a trolley loaded with sweets, biscuits, toiletries, magazines and the crucially important postage stamps. Patients would often write letters and say, ‘Can you post this on your way out?’

Later she did refreshments for the day ward and endoscopy. Annette also recalls the sudden influx of new FOYH

volunteers around 2009 when the WRVS cafe and shop closed.

The Friends’ office has come a long way too. Originally it was simply a storeroom where the shop trolley was kept, until a small office was found near the canteen. Later came moves to the main corridor – sharing with the NHS professional fundraisers at first - and finally to the current location next to the patients’ discharge lounge.

In earlier days the hospital volunteers were invited to visit other hospital Friends’ groups like the one in Harrogate where ideas would



Annette (on left) at the hospital Christmas Lunch with Jane Fawcett (centre) and Patita James (right)

be exchanged. The profile of FOYH was raised by holding coffee mornings in the villages around York. These also raised funds. Big fundraising events like dinner dances at the racecourse came later. Another annual fundraising event was carol singing at Sainsbury's supermarket, and later at the Designer Outlet. A leaflet would be sent around the wards every year asking what equipment was needed before Annette would visit them to assess the requirements with her friend and fellow FOYH volunteer Margaret Dearlove . Annette served on the FOYH

Trustees' Committee for about 5 years and was the Team Leader for the Guides on the front desk for 10 years. 'At times you can feel like a policeman on point duty,' she says of directing people around the hospital site. There is a need for a more personal touch though, when the increasing numbers of elderly patients arrive alone at the desk. They sometimes need to be taken to their appointments. 'You have to use your common sense,' she says.

On the best part of the job Annette is clear, 'It's the contact with patients. We meet all kinds of people and it is important to

treat them all the same.'

Annette recently stepped down from her Guides role to take care of her mother, herself an ex-hospital employee and the person who originally suggested that Annette would enjoy volunteering. I don't think Annette will give it up completely though, because as she told me, 'Volunteering is good for the soul.'

Annette Hall was interviewed in May 2017 by Graham Clift Volunteer, Talking and Reading Service



PROFILE: JOHN PRATT TD

President of FOYH

Born in York, educated in the south, my introduction to the world of work was in 1952 at the National Glass Works plant then located in Fishergate just outside the city walls. National Service followed in 1953, and this led into service with the Territorial Army which continued to 1975 and the award of the Territorial Decoration.

National Glass Works (NGW), a family company at the time I joined them, became Redfearn National Glass in 1967 after a merger. I was appointed Managing Director of Redfearn in 1970 and Chairman in 1978, continuing in this role until 1988 when I left the company. During my time with Redfearn I was able to develop other – voluntary – interests, including a 15 year governorship of the present York College, becoming Chairman for the last 5 years.

After leaving Redfearn, from 1988 to 1992 I was Chairman of the then York Health Authority. This was a period of rapid change in the NHS marked by the closure of several of the older York Hospitals and the replacement of large institutions such as Clifton Hospital by small facilities based in the community and



known as Community Units for the Elderly. Then as now the NHS was under severe financial pressure!

My final phase of paid employment began in 1993 when I was appointed Chairman of Sheppee Engineering - a long established York company which was then in Receivership. Working as a team over the following years we were successful in transforming the company, and this led to a management buyout in 2008.

I was invited to become the President of the Friends of York Hospitals on leaving the NHS in 1992. I was also invited

to become Patron of Compass at that time, (originally a spin-off of the York Health Authority, Compass was created to offer services to tackle problem drug and alcohol use). I was appointed High Sheriff of North Yorkshire for the year 1996-7.

My role in FOYH has continued to the present day, and I also remain a member of the Merchant Adventurers of the City of York and of the Glass Sellers Company of the City of London. My current interests revolve around the grandchildren (of which we have 10), local activities, gardening and of course - the Friends.

HONORARY TREASURER'S REPORT

Hussein Syed

Our financial strength within the charity sector remains strong however the main financial issues we had during the 2016-17 financial year were:

1. This year saw low income of just under £16,000 with expenditure of £67,700, giving an overall deficit of £51,700. For the first time for many years, we received no legacy income. Over the past few years, legacy income has constituted the largest percentage of our income.

2. The drop in the number of applications from the York hospital for grants. This was something which has also affected the NHS Trust Charity. Both charities are looking to address this issue during 2017-18.

We spent £34,000 on grants for equipment and refurbishments of patient waiting areas. One area of concern was the drop in the number of applications for grants. This is something which also affected the Trust Charity. Both charities are looking to address this issue during the current financial year.

The value of the Lloyds Investment Portfolio increased from £379.8k last year to £407.5k. As stated last year

we are holding reserves of 3 to 6 months in the unlikely event of the charity failing. There are significant changes in the provision of patient care in the NHS and we will be playing an important role in this changing environment.

In 2017-18 we will be co-operating more closely with the Trust Charity both in the raising of funds and in the provision of joint funds for major projects.

Creditors show a figure of £34k. Practically all of this is due to York Hospital for the reimbursement of the projects funded by us but not yet invoiced. The Trust Charity through whom the payments are made has been revamping its finance processes hence the delay in our payment.

We continue to seek the balance between funding projects and retaining and raising funds for the running of the charity. We expect to be funding larger projects in 2017-18 compared with 2016-17. We are examining the option of having non-student



volunteers pay a small annual fee for membership of FOYH and this will entail a minor change to the Constitution.

Our one employee, Andy White is now in a pension scheme called NEST to which we, as employers, make a monthly contribution. Andy is now full time covering all aspects of administration and recruiting and managing our volunteers.

I am happy to report that the charity is on a sound financial footing.

“...we will be playing an important role in this changing environment.”

THE FRIENDS OF YORK HOSPITALS



UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED

31 MARCH 2017

Charity Number 500474

THE FRIENDS OF YORK HOSPITALS

FINANCIAL STATEMENTS YEAR ENDED 31 MARCH 2017

CONTENTS

Members' annual report	1
Independent examiner's report to the members	3
Statement of financial activities	4
Statement of financial position	5
Notes to the financial statements	6

THE FRIENDS OF YORK HOSPITALS

MEMBERS' ANNUAL REPORT

YEAR ENDED 31 MARCH 2017

The members present their report and the unaudited financial statements of the charity for the year ended 31 March 2017.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered charity name

The Friends Of York Hospitals

Charity number

500474

Principal office

Friends of York Hospitals, York Hospital, Wigginton Road, York, YO31 8HE

Council members

Mr J Pratt - Founding President

Mr D L De Vere - Chairman

Mr D de Silva - Vice Chairman

Mrs J Hildyard BEM - Hon. Secretary

Ms E Bartrum

Ms L Earnshaw

Mr H Syed - Hon. Treasurer

Mrs A Taylor (Appointed 16 May 2016)

Mr R Bond (Appointed 16 May 2016 Resigned 26 June 2017)

Mr L Phelan - Hon. Treasurer (Resigned 22 April 2016)

Mrs J Whitehead

Independent examiner

Mr B B Davis, Fulford Lodge, 1 Heslington Lane, Fulford, York, YO10 4HW

Structure, Governance And Management

The charity is managed by a council of members, and consists of the Chairman, Treasurer and not less than 10 or more than 30 members. No person shall be a member of the council who is not a member of the Friends. A person may become a member of the Friends either by paying an annual subscription or by virtue of their voluntary service: in accordance with Constitution clauses 5(a) and 6(c).

Investment Policy

The overall aim is to provide both rising capital and income values. The Trustees delegate the fund management duties to independently appointed professional investment managers. A policy is agreed by the Trustees at regular meetings with the professional investment managers.

Risk Management

The Trustees have examined the major risks to which the charity is exposed, in particular those related to the operations and finances of the Trust, and are satisfied that systems are in place to mitigate the exposure to these major risks.

THE FRIENDS OF YORK HOSPITALS

MEMBERS ANNUAL REPORT • YEAR ENDED 31 MARCH 2017

Objectives And Activities

The objects of the charity shall be to relieve hospital patients and former patients of the hospital and generally to support the charitable work of the Hospital. The hospital means York Hospitals and any service run at any medical establishment within the City: in accordance with Constitution clauses 2(g) and 3.

Achievements And Performance

The charity purchased equipment and services during the year totalling £34,065 (2016 - £10,550).

Financial Review

Accumulated reserves are held to fund future equipment purchases to help achieve the charity's objects. The level of expenditure varies each year and funds are built up to allow the charity to purchase expensive items when they are required.

Plans For Future Periods

The charity continues to raise funds to assist the charitable work of York Hospitals NHS Trust.

Statement Of Trustees' Responsibilities

The trustees are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and regulations and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of

the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to: D select suitable accounting policies and then apply them consistently;

- observe the methods and principles in the Charities SORP;
- make judgements and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The members' annual report was approved on 16 May 2017 and signed on behalf of the board of trustees by:

Mr D L De Vere - Chairman
Member

THE FRIENDS OF YORK HOSPITALS

INDEPENDENT EXAMINER'S REPORT TO THE MEMBERS OF THE FRIENDS OF YORK HOSPITALS • YEAR ENDED 31 MARCH 2017

I report on the financial statements for the year ended 31 March 2017, which comprise the statement of financial activities, statement of financial position and the related notes.

Respective Responsibilities Of Council Members And Examiner

The members are responsible for the preparation of the financial statements. The members consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis Of Independent Examiner's Report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken

do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Mr B B Davis
Townends Accountants LLP
Independent examiner
Fulford Lodge
1 Heslington Lane
Fulford
York
YO10 4HW
26 May 2016

THE FRIENDS OF YORK HOSPITALS

STATEMENT OF FINANCIAL ACTIVITIES • 31 MARCH 2017

		Unrestricted Funds	Restricted Funds	Total Funds 2017	Total Funds 2016
	Note	£	£	£	£
Income And Endowments					
Donations and legacies	4	6,466	-	6,466	36,156
Income from charitable activities	5	571	-	571	7,831
Investment income	6	8,849	-	8,849	8,560
Total Income		15,886	-	15,886	52,547
Expenditure					
Expenditure on raising funds: Costs of raising donations and legacies	7	-	-	-	1,144
Investment management costs	8	4,640	-	4,640	4,693
Expenditure on charitable activities		56,479	6,628	63,107	33,024
Total Expenditure		61,119	6,628	67,747	38,861
Net gains/(losses) on investments	11	(23,565)	-	23,565	4,853
Net (expenditure)/income and net movement in funds		(21,668)	(6,628)	(28,296)	8,833
Reconciliation of funds					
Total funds brought forward		476,076	6,628	482,704	473,871
Total Funds carried forward		454,408	-	454,408	482,704

The notes on pages 6 to 13 form part of these financial statements.

THE FRIENDS OF YORK HOSPITALS

STATEMENT OF FINANCIAL POSITION • 31 MARCH 2017

	Note	2017		2016	
		£	£	£	£
Fixed Assets					
Investments	15		407,488		379,855
Current Assets					
Debtors	16	578		1,325	
Cash at bank and in hand		80,651		101,767	
Total		81,229		103,092	
Creditors: Amounts falling due within one year	17	34,309		243	
Net Current Assets			46,920		102,849
Total Assets Less Current Liabilities			454,408		482,704
Net Assets			454,408		482,704
Funds Of The Charity					
Restricted income funds			-		6,628
Unrestricted income funds			454,408		476,076
Total Charity Funds	19		454,408		482,704

These financial statements were approved by the board of trustees and authorised for issue on 16 May 2017, and are signed on behalf of the board by:

Mr J Pratt - Founding President
Member

Mrs J Hildyard BEM - Hon. Secretary
Member

THE FRIENDS OF YORK HOSPITALS

NOTES TO THE FINANCIAL STATEMENTS • YEAR ENDED 31 MARCH 2017

1. General Information

The charity is registered charity in England and Wales and is unincorporated. The address of the principal office is Friends of York Hospitals, York Hospital, Wigginton Road, York, YO31 8HE.

2. Statement Of Compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting Policies

(a) Basis of preparation

The financial statements have been prepared on the historical cost basis.

(b) Going concern

There are no material uncertainties about the charity's ability to continue.

(c) Transition to FRS 102

The entity transitioned from previous UK GAAP to FRS 102 as at 1 April 2015. Details of how FRS 102 has affected the reported financial position and financial performance is given in note 21.

(d) Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes. Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal.

(e) Incoming resources

All income is included in the statement of financial activities when entitlement has passed to the charity.

- income from donations or grants is recognised in the year in which they are received.
- legacy income is recognised in the year in which they are received.

(f) Resources expended

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of obligation can be measured reliably.

Expenditure is recognised on an accruals basis as a liability is incurred. VAT is not recoverable by the charity and as such is included in the relevant costs in the statement of financial activity.

(g) Debtors and prepayments

Prepayments are valued at the amount prepaid net of any trade discounts due.

(h) Investments

Investments are a form of basic financial instrument and are initially recognised at their transaction value and subsequently measured at their fair value as at the balance sheet date using the closing quoted market price. The statement of financial activities includes the net gains and losses arising on revaluation and disposals throughout the year.

The charity does not acquire put options, derivatives or other complex financial instruments.

The main form of financial risk faced by the charity is that of volatility in equity markets and investment markets due to wider economic conditions, the attitudes of investors to investment risk, and changes in sentiment concerning equities and within particular sectors or sub sectors.

(i) Cash at bank and in hand

Cash at bank and in hand includes cash and any short term deposit accounts with a maturity of three months or less from the date of opening.

(j) Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

(k) Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided.

4. Donations And Legacies

	Unrestricted Funds	Restricted Funds	Total Funds 2017
	£	£	£
Donations			
Donations and subscriptions	3,689	-	3,689
Donations via Just Giving	1,936	-	1,936
Recruitment evenings	189	-	189
	Unrestricted Funds	Restricted Funds	Total Funds 2017
	£	£	£
Other Donations and Legacies			
Sports raffle	128	-	128
Palace party	63	-	63
Dinner dance	461	-	461
Totals	6,466	-	6,466

	Unrestricted Funds	Restricted Funds	Total Funds 2016
	£	£	£
Donations 2015-16			
Donations and subscriptions	8,236	792	9,028
Donations via Just Giving	1,026	–	1,026
Recruitment evenings	391	–	391
Legacies 2015-16			
Legacy - Mr B Burn	3,618	–	3,618
Legacy - Miss E M J Jordan	500	–	500
Legacy - Mr K L Daggett	21,593	–	21,593
Totals	35,364	792	36,156

5. Charitable Activities

	Unrestricted Funds	Restricted Funds	Total Funds 2017
	£	£	£
St Crux	571	–	571
Totals	571	-	571

	Unrestricted Funds	Restricted Funds	Total Funds 2016
	£	£	£
Black tie event	–	6,980	6,980
St Crux	851	–	851
Totals	851	6,980	7,831

6. Investment Income

	Unrestricted Funds	Total Funds 2017	Unrestricted Funds	Total Funds 2016
	£	£	£	
Income from UK listed investments	8,701	8,701	8,291	8,291
Bank interest receivable	148	148	269	269
Totals	8,849	8,849	8,560	8,560

7. Costs Of Raising Donations and Legacies

	Restricted Funds	Total Funds 2017	Restricted Funds	Total Funds 2016
	£	£	£	
Black tie event costs	-	-	1,144	1,144

8. Investment Management Costs

	Unrestricted Funds	Total Funds 2017	Unrestricted Funds	Total Funds 2016
	£	£	£	£
Portfolio management	4,640	4,640	4,693	4,693

9. Expenditure on Charitable Activities by Fund Type

	Unrestricted Funds	Restricted Funds	Total Funds 2017
	£	£	£
Head and Neck department refurbishment	7,339	6,628	13,967
Nurses station	-	-	-
Baby scales and carry case	-	-	-
Dyson fans	-	-	-
Night Owl packs	5,000	-	5,000
Enhanced Recovery suite	11,191	-	11,191
Endoscopy	1,413	-	1,413
Toys and games	-	-	-
Miscellaneous expenditure	2,494	-	2,494
Pulse oximeters	-	-	-
Support costs	29,042	=	29,042
Totals	56,479	6,628	63,107

	Unrestricted Funds	Restricted Funds	Total Funds 2016
	£	£	£
Head and Neck department refurbishment	-	-	-
Nurses station	5,000	-	5,000
Baby scales and carry case	1,936	-	1,936
Dyson fans	1,117	-	1,117
Night Owl packs	=	-	=
Enhanced Recovery suite	=	-	=
Endoscopy	=	-	=
Toys and games	2,060	-	2,060
Miscellaneous expenditure	-	-	-
Pulse oximeters	437	-	437
Support costs	22,474	=	22,474
Totals	33,024	-	33,024

10. Taxation

No taxation is provided for in the accounts because, as a Registered Charity, the charity is within the exemptions granted by H M Revenue and Customs

11. Net Gains/(Losses) On Investments

	Unrestricted Funds	Total Funds 2017	Unrestricted Funds	Total Funds 2016
	£	£	£	
Gains/(losses) on other investment assets	23,565	23,565	(4,853)	(4,853)

12. Independent Examination Fees

	2017	2016
	£	£
Fees payable to the independent examiner for: Independent examination of the financial statements	340	304

13. Staff Costs and Emoluments Particulars of Employees

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2017	2016
	£	£
Total staff costs were as follows:		
Wages and salaries	21,932	18,002
Employer contributions to pension plans	148	-
Totals	22,080	18,002

The average head count of employees during the year was 1 (2016: 1).

No employee received employee benefits of more than £60,000 during the year (2016: Nil).

14. Trustee Remuneration And Expenses

The members are all unpaid volunteers and neither they nor any persons connected with them received any expenses or remuneration (2016 - Nil)

15. Investments

	Cash or cash equivalents	Listed investments	Total
Cost or valuation	£	£	£
At 1 April 2016	5,116	374,739	379,855
Additions	4,068	-	4,068
Other movements	-	23,565	23,565
At 31 March 2017	9,184	398,304	407,488
Impairment At 1 April 2016 and 31 March 2017			-
Carrying amount			
At 31 March 2017	9,184	398,304	407,488
At 31 March 2017	5,116	374,739	379,855

All investments shown above are held at valuation.

Financial assets held at fair value

All investments are carried at their fair value. Investments in equities and fixed interest securities are all traded on quoted public markets, primarily the London Stock Exchange.

16. Debtors

	2017	2016
	£	£
Other debtors	578	1,325

17. Creditors: Amounts falling due within one year

	2017	2016
	£	£
Other creditors	34,309	243

18. Pensions And Other Post Retirement Benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £148 (2016: £Nil).

19. Analysis Of Charitable Funds

	Balance at 1 Apr 2016	Income	Expenditure	Gains and losses	Balance at 31 Mar 2017
	£	£	£	£	£
General Fund	476,076	15,886	(61,119)	23,565	454,408

Unrestricted funds are available to be spent for any of the purposes of the charity.

	Balance at 1 Apr 2016	Income	Expenditure	Gains and losses	Balance at 31 Mar 2017
Restricted funds	£	£	£	£	£
Head and Neck Injuries Fund	6,628	-	6,628	-	-

Restricted funds are for the refurbishment of the Head & Neck Injuries department at York District Hospital.

20. Analysis of Net Assets Between Funds

	Unrestricted Funds	Total Funds
	£	£
Restricted Income Funds:		
Investments	407,488	407,488
Current assets	81,229	81,229
Creditors less than 1 year	(34,308)	(34,308)
Total Funds	454,409	454,409

21. Transition To Frs 102

These are the first financial statements that comply with FRS 102. The charity transitioned to FRS 102 on 1 April 2015.

No transitional adjustments were required in the retained funds or income or expenditure for the year.

THANKING OUR DONORS AND SUPPORTERS

The Friends of York Hospitals extends grateful thanks to all those local companies, schools, organisations and individuals who sponsored us and supported us over the 2016-17 financial year.

In particular we would like to thank our Patron the Archbishop of York, The Most Reverend & Right Honourable Dr. John Sentamu, and his wife Margaret for their hospitality in inviting us to hold a dinner for volunteers and supporters at their home, Bishopthorpe Palace. Thanks also to the helpful palace staff and to the host of talented young musicians - A Level music students from York College - who came to play for us. Hotel du Vin of The Mount also showed their support by very generously providing the refreshments.

A photo of the state-of-the-art mobile library trollies donated by the Derwent Lions during 2016-17 appeared in the previous Annual Report. Thanks again to Brian Woolcott, John Newlove and their fellow Lions. The trollies have been a great success, especially as they can manoeuvre closer to the patients, which has led to more books being borrowed.

We have good links with many of the local schools and colleges, but would single out for particular mention the support we have received from staff at York St John University, the University of York, the Health and Social Care department of York College, and staff at Fulford, Huntington, All Saints and The Mount schools.

Special thanks also go to the families who organised funeral collections for FOYH during 2016-17, and to the churches and funeral directors who assisted them. It is always very heartwarming to receive these donations.

We also need to say a big thank-you to the York Teaching Hospital NHS Foundation Trust who provided us with a new office in 2016-17 and continue to support our volunteering and fundraising work for the hospital in a multitude of ways.

Finally we would like to say a

big thank you to the local businesses who supported us by taking one of our collection boxes. Over 2016-17 this included One Stop on Heslington Road, The Munch Station on Blossom Street, Dooleys of Easingwold and 'The Buck' at Thornton-le-Dale. Your support is warmly appreciated.



HOW YOU CAN SUPPORT US

The Friends of York Hospitals is a membership organisation. Volunteers automatically become members and do not need to pay an annual subscription. Non-volunteers can also support us by becoming a member. Our annual membership fee is £10. You can also become a Life Member of the Friends of York Hospitals. The fee for this is £100. For couples there is also a £150 Joint Life Membership option.

To become a volunteer, or a supporting member, please email or write to:

Andy White
Administrator & Volunteer Co-ordinator
Friends of York Hospitals
York Hospital
Wigginton Road
York
YO31 8HE

Email: friendsofyorkhospitals@york.nhs.uk.

You can make a donation to the Friends via the JustGiving website:

www.justgiving.com/friendsofyorkhospitals

or you can donate by sending a cheque to our office address above, payable to “The Friends of York Hospitals.”

Finally, if you wish to leave a LEGACY to the Friends of York Hospitals, you can use the following wording in your WILL:

I BEQUEATH the sum of £..... free of all death duties to THE FRIENDS OF YORK HOSPITALS for the general purpose thereof. And I declare that the receipt of the Treasurer of The Friends of York Hospitals shall be a good discharge of this legacy.

Thank you for your support.



FRIENDS of York
HOSPITALS